

30-Day No-Spend Challenge

Colour in a square for every day you stick to the challenge.

My rule: No unplanned spending. Essentials only.

Reward: Treat yourself when every square is filled.

Daily tracker

1	2	3	4	5	6	7	8
9	10	11	12	13	14	15	16
17	18	19	20	21	22	23	24
25	26	27	28	29	30	31	32
33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48
49	50	51	52				

Squares completed: _____ / 52