



Mental Number Chains

Chain 1: Quick Fire

Start with 1.
Add 10.
Double it.
Double it.
Subtract 5.
Add 6.
What is the final number?

Chain 2: Brain Sprint

Start with 15.
Subtract 2.
Double it.
Add 4.
Subtract 6.
Subtract 10.
What is the final number?

Chain 3: Warm-Up Run

Start with 5.
Add 2.
Add 3.
Double it.
Find half of that.
Add 10.
What is the final number?

Chain 4: Number Sprint

Start with 12.
Double it.
Double it.
Find half of that.
Double it.
Find half of that.
What is the final number?



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Chain 5: Focus Drill

Start with 17.

Add 2.

Subtract 5.

Add 1.

Subtract 5.

Subtract 10.

What is the final number?

Chain 6: Rapid Chain

Start with 15.

Double it.

Subtract 4.

Add 2.

Find half of that.

Subtract 2.

What is the final number?

Chain 7: Speed Round

Start with 13.

Subtract 1.

Double it.

Find half of that.

Double it.

Find half of that.

What is the final number?

Chain 8: Mind Workout

Start with 14.

Find half of that.

Add 6.

Double it.

Find half of that.

Double it.

What is the final number?



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Chain 9: Fast Track

Start with 20.

Find half of that.

Double it.

Find half of that.

Add 6.

Subtract 8.

What is the final number?

Chain 10: Mental Sprint

Start with 11.

Double it.

Find half of that.

Subtract 7.

Double it.

Double it.

What is the final number?



Mental Number Chains - Answers

1. 45
2. 14
3. 20
4. 24
5. 0
6. 12
7. 12
8. 26
9. 8
10. 16